



## **Egginton Primary School**

### **Personal, Social, Health Education (PSHE) and Citizenship Policy**

#### **Rationale**

Personal, Social, Health Education (PSHE) and Citizenship helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. Integral to the school ethos are the fundamental British Values. The values promoted throughout the curriculum and specific values are planned in as a regular focus in whole school assemblies each half term.

Pupils also find out about the main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and members of communities. We ensure they experience the process of democracy in school through the school council system. They learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

The whole school Golden Rules were created in partnership with the whole school community and they provide a clear guide to ensure pupils treat others with respect at all times.

At Egginton Primary School we are on a journey towards becoming a UNICEF Rights Respecting School and as a result pupils are encouraged to respect the rights of others and understand the responsibility of their own rights.

#### **Aims**

Through age appropriate content, we aim to give all pupils at Egginton the opportunity to:

- Develop the skill of making sensible choices;
- Know and understand what constitutes a healthy lifestyle;
- Be aware of safety issues;
- Understand what makes for good relationships with others;
- Have respect for others;
- Be independent and responsible members of the school community;
- Be positive and active members of a democratic society;
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;



- Develop good relationships with other members of the school and the wider community.

### **Organisation**

PSHE and citizenship at Egginton will be provided in a range of ways to reflect the age and needs of the pupils.

In the EYFS, we teach PSHE and citizenship as an integral part of the topic work covered during the year. For Reception children we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Personal, Social and Emotional Development section of the EYFS publication:

- Making relationships
- Self-confidence and self-awareness
- Managing feelings and behaviour

In Key stages 1 and 2, PSHE will be taught mainly through weekly timetabled and planned 30 minute lessons to fit within the school's scheme of work. In order to enable pupils to feel as comfortable as possible during these sometimes sensitive sessions PSHE will be taught by the regular class teacher as far as possible, and not by short term supply teachers. This will ensure that all issues of confidentiality and child protection are dealt with in line with the school's policies (see separate policies). The sessions will incorporate as many different teaching styles as possible and we place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities.

As a school we integrate the Derbyshire ASK (Attitudes, Skills, Knowledge) scheme of work and the 'Social and emotional aspects of learning (SEAL) initiative within our school curriculum from YR – Y6.

The main themes covered are: Relationships, Changes, Growing Up and Changing, Going for Goals, Staying Healthy, Proud to be Me, Getting On and Falling Out, Drug Education, Feeling Safe, Money Matters, Difference and Diversity and citizenship. These themes will be covered during a two year cycle with the whole school working on a new theme every half term and will also be supported by using resources from NSPCC and UNICEF.

At Egginton, we aim to promote the values of PSHE into the full school day. This is achieved by embedding PSHE into other curriculum areas, as well as dealing with spontaneous issues as and when they arise. This will often be in response to an issue with a particular group or individual a specific incident or something the children may just ask.

We are committed to encouraging the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly, or involvement in an activity to help other individuals or groups less fortunate than themselves.



### **Use of Visitors in PSHE**

Occasionally, appropriate and suitably experienced and/or knowledgeable visitors from outside school may be invited to contribute to the delivery of PSHE and citizenship in school.

Egginton Primary School has a code of practice for using visitors to support the delivery of PSHE:

- Visitors are invited in to school because of the particular expertise or contribution they are able to make;
- All visitors are familiar with and understand the school's relevant policies and work within them;
- All input to PSHE lessons are part of a planned programme and negotiated and agreed with staff in advance;
- All visitors are supervised/supported by a member of staff at all times;
- The input of visitors is monitored and evaluated by staff and pupils. This evaluation informs future planning.

### **Resources**

Resources specific to year groups are kept within the appropriate classrooms. Shared resources are kept and managed by the PSHE subject leader. Resources are also available for parents to view if requested. Such requests should be addressed to the PSHE subject leader either by the class teacher or the parent concerned.

### **Inclusion and Equal Opportunities**

Egginton's PSHE programme is designed to ensure that all children have equality of access to them.

Children may have varying needs regarding PSHE depending on their circumstances and background. The school strongly believes that all pupils should have access to PSHE that is relevant to their particular needs.

To achieve this, the school's approach to PSHE will take account of:

- Ethnic and cultural diversity.
- Varying home backgrounds.
- Special educational needs

The school also recognises the need for extra, targeted work with vulnerable pupils.

The setting of clear ground rules will be especially important in making all children feel comfortable and able to speak with ease.

### **Health and safety**

The general teaching requirement for health and safety applies to this subject.



## **Assessment**

Assessment of PSHE and Citizenship will be in two areas:

- 1) Knowledge and understanding e.g. rules, health and safety procedures, effects of drugs and naming body parts.
- 2) How well the children are able to use the knowledge and understanding in developing skills e.g. relationships with others and making sensible choices.

Assessment of PSHE will take many different forms. These include:

- Teacher observation
- Self assessment in the form of self reflection and evaluation through discussion and review.
- Recording of ideas and knowledge by discussions, written work, pictures and diagrams.

These will then be used to report to parents at parents' evenings and in the end of year report.

## **Roles and Responsibilities**

The role of the PSHE Subject Leader and Headteacher is to:

- Evaluate the strengths and weaknesses in the subject, indicating areas for further development.
- Monitor the progress and development of the policy.
- Keep staff up to date with subject developments and new resources.
- Provide support for colleagues.
- Ensure resources are available and up to date.
- Liaise with parents, governors and support agencies.

All staff will be able to contribute to the policy and share responsibility for its implementation and development.

### Links with other policies/documents

Anti-bullying Policy

Equal Opportunities Policy

Child Protection and Safeguarding Policy

Behaviour Policy

RSE Policy

SEN Provision Statement

Date of Policy: April 2017

Date of Review: April 2019

